



Cyan Magenta Yellow Black

**MPs battle in 'Bowl'***Montana unit claims flag football crown, "Pig" trophy*

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# Fort Riley Post

**Science teacher nominated***Fort Riley Middle School's Deb Barnes contends for top state distinction*

Page 13



Friday, October 21, 2005

America's Warfighting Center

Vol. 48, No. 42

## Around The Army

### Europe:

The European Stars and Stripes reported Oct. 20 that V Corps is ordering its troops to wear through eight hours of training Oct. 21 as part of a safety stand-down. The training comes after three V Corps Soldiers were killed and another seriously injured in vehicle accidents over the past two weekends, according to a V Corps news release. Two of the accidents involved Soldiers who were riding motorcycles.

The training is meant for all ranks and will be conducted at the unit level, said Hilde Patton, a V Corps spokeswoman.

For more on this story and other U.S. military news in the European and Pacific theaters, visit [www.estripes.com](http://www.estripes.com) on the Web.

### Fort Knox:

The Turret reported Oct. 13 that Maj. Gen. Robert Williams took command of the U.S. Army Armor School and Fort Knox as the Army's 41st chief of armor and cavalry Oct. 12 during a change of command ceremony on Brooks Field.

Lt. Gen. William Wallace, commander of the U.S. Army Combined Arms Center and Fort Leavenworth in Kansas, was the ceremony's reviewing officer.

Wallace praised outgoing post commander Maj. Gen. Terry Tucker for his accomplishments at Fort Knox. Tucker, who commanded Knox for nearly three years, will retire in November.

For more on this story and other Fort Knox, Ky., news, visit [www.thewarriorpost.com/turret/](http://www.thewarriorpost.com/turret/) on the Web.

### Walter Reed:

The Stripe reported Oct. 14 that Maj. Gen. Kenneth L. Farmer Jr. faced a series of "good and tough" questions during a BRAC town hall meeting Oct. 12.

The meeting was the first of two the North Atlantic Regional Medical Command and Walter Reed Army Medical Center commanding general held to update the WRAMC community about what has happened since he first announced the Pentagon's Base Realignment and Closure recommendations May 13.

The recommendations call for the realignment of WRAMC by consolidating its medical services with that of the National Naval Medical Center in a larger facility to be built in Bethesda, and the building an expanded medical facility at Fort Belvoir.

For more information on this story and other Walter Reed Army Medical Center News, visit [www.dcmilitary.com/armystripes/](http://www.dcmilitary.com/armystripes/) on the Web.

## Soldiers fight with civics lessons

*Fort Riley tankers attack ignorance of democratic process while in Iraq*

By Noam N. Levey

Times staff writer

BAQUBAH, Iraq — Thirty-five miles north of Baghdad, on a dusty U.S. Army base outside this provincial capital, the officer and

the sheik are debating free speech.

Sheik Hanesh Musawi, a robed city councilman from nearby Khan Bani Saad, has come to complain about a recent pro-Saddam Hussein demonstration.

"I told my people that the Americans would not allow this,"

Musawi says as he sits down with Lt. Col. Oscar J. Hall IV in a spare concrete room on the base.

Hall, a former college football player who commands a tank battalion from Fort Riley, Kan., listens patiently.

"We can stop all the gather-

ings," he tells the sheik at last, "but that's not democracy.... What I want to know is why you didn't organize a protest the next day."

Musawi looks horrified. "Baath demonstrations are the work of the devil!" he cries. "You can't compare that to freedom of speech, sir.

Demonstrations are one thing in the U.S. and something totally different here."

After Musawi departs with a request for help finding a job for a friend, the commander acknowl-

See *Democracy*, Page 4

## More than metal

### Engineers field new detectors for mines

By April Blackmon

Staff writer

Today's mines have finally met their match — the AN/PSS-14 mine detector.

The Army's newest detector has an unprecedented ability to detect mines and 1st Engineer Battalion Soldiers had the opportunity to try out their 36 new detectors last week.

The Engineers spent the week in the classroom and in the field learning the technology and how to use the AN/PSS-14. A team of former military personnel who work for CyTerra Corporation, the company that created the detector, have been at Fort Riley about a month, installing a training minefield and training Soldiers on the new equipment.

The AN/PSS-14 weighs about eight pounds, uses standard batteries and can be operated by a single Soldier. It uses two technologies: metal detection and ground penetrating radar.

"It's actually looking for mine-like characteristics, not just metal in the ground," said Steve Pierce of CyTerra Corporation.

Mines have evolved from having a lot of metal to having very little metal, said Staff Sgt. Larry Graham of the 1st Eng. Bn.

See *Minesweeper*, Page 3



Post/Blackmon

Pvt. William Wirth of Co. C, 1st Eng. Bn., scans the ground for mines while instructor Troy Orndor of CyTerra Corporation, a former Air Force EOD specialist, looks on. The Engineers were learning how to use the AN/PSS-14 in mid-October in preparation for their upcoming deployment to Iraq.

## Army renames leader course

*New curriculum concentrates on war needs*

Army News Service

WASHINGTON — The Army announced this month it will change the name of the Primary Leadership Development Course to the Warrior Leader Course beginning Oct. 15. Officials said the new name reflects changes made to PLDC curriculum over the past year.

The redesigned course better prepares Soldiers for asymmetrical warfare and includes lessons learned in Iraq and Afghanistan, said Brig. Gen. James M. Milano, the Army's director of training under G3.

"The new WLC will not only prepare Soldiers for traditional challenges, but irregular challenges as well," Milano said after reviewing all the changes made to the curriculum.

WLC now emphasizes the skills and knowledge small unit leaders need to excel in a contemporary operational environment, Milano said.

### Academy helps revamp course

"We are a nation at war. We have taken the lessons learned from our deployments and incorporated them into our revised leadership course," said Col. David Abramowitz, commander of the U.S. Army Sergeants Major Academy, which played a major role in redesigning the PLDC curriculum.

"These changes add rigor and relevance to the course and improve leadership skills and confidence in our

See *Warrior course*, Page 2

## Two sergeants die in vehicle rollover in Iraq

*Family, friends, Soldiers fill Morris Hill Chapel for dual memorial service*

### Sgt. Lorenzo Ponce Ruiz



Enlisted in September 2001

Stationed at Fort Riley in March 2002

Home: El Paso, Texas

Second deployment to Iraq

By Mike Heronemus

Editor

The pews at Morris Hill Chapel on Fort Riley barely held all the mourners Oct. 19.

Immediate family members, Soldiers, comrades in arms and others who make up what is warmly called "the Army family" found a place inside the chapel to pay their respects and honor the memory of the latest Fort Riley Soldiers to fall in the Global War on Terrorism.

Sgt. Lorenzo Ponce Ruiz, 26, of El Paso, Texas, and Sgt. Donald D. Furman, 30, of Burton, S.C., were killed Oct. 12 near Balad, Iraq.

The 24th Transportation Compa-

ny Soldiers were heavy vehicle drivers and were involved in convoy operations the day they suffered injuries in a vehicle rollover that ultimately claimed their lives.

Their deaths raise the number of Fort Riley active duty Soldiers killed in Operation Iraqi Freedom to 58.

More than one person standing in front of the quiet crowd described the two Soldiers as dedicated professionals who loved the Army and loved what they were doing.

Furman was known for his antics and as a show-off, recalled Sgt. Kristen Arnold, who offered recollections of several fellow Soldiers in the company.

But, "you knew he would always be there" when needed, she emphasized.

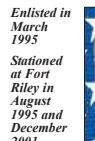
"He stood up for his Soldiers and worked with them through his entire life," she said. Ponce Ruiz was preparing to appear before the sergeant promotion board when the company was preparing to deploy. He opted to deploy with the unit rather than stay behind for the board, Arnold said, pointing out his loyalty to the company.

He got his chance at the first promotion board given in Iraq and subsequently added sergeant's chevrons to his uniform.

Ponce Ruiz was the platoon "go-

See *Fallen heroes*, Page 10

### Sgt. Donald D. Furman



Enlisted in March 1995

Stationed at Fort Riley in August 1995 and December 2001

Home: Burton, S.C.

Second deployment to Iraq

You can find the Fort Riley Post online at [www.riley.army.mil](http://www.riley.army.mil)



## Post news in brief

### Correction:

The Post incorrectly stated in an article published Oct. 6 that Command Sgt. Maj. Joe Leggett, who was invested as a distinguished member of the 16th Infantry Regiment Sept. 29, was retired. He is assigned as the 29th Infantry Regiment command sergeant major at Fort Benning, Ga. The Post apologizes for the error.

### Lieutenant charged

Charges have been preferred under the Uniform Code of Military Justice against 2nd Lt. Erick J. Anderson, 1st Battalion, 41st Infantry.

Anderson has been charged with two specifications of conspiracy to commit murder, two specifications of murder, dereliction of duty, making a false official statement and two specifications of conduct unbecoming an officer.

All charges stem from two separate incidents that occurred while Anderson was deployed to Iraq.

The charges are merely accusations. Anderson is presumed innocent until and unless proven guilty.

### Army offers \$1,000 reward

The U.S. Army Criminal Investigation Command is offering a \$1,000 reward to any providing information leading to the identification, apprehension and conviction of the person or persons responsible for the theft of a black, 2005 Honda TRX 450-R all-terrain vehicle, Vehicle Identification Number HFTF30045A110847.

The ATV was stolen between 7:45 a.m. Sept. 16 and 7 p.m. Sept. 17 from the parking lot adjacent to Building 7002B and Infantry Drive on Fort Riley.

Anyone with information concerning this incident is urged to call Special Agent Jeffrey Lasley at the Fort Riley CID office, 239-8641, or the military police at 239-6767.

### Pre-retirement orientation set

The semi-annual pre-retirement orientation will be from 8 a.m. to 4 p.m. Nov. 4 at Riley's Conference Center. Registration starts at 7:30 a.m.

This orientation is for individuals that have submitted their request for retirement; however, any Soldier contemplating retirement in the near future may attend.

The purpose of this orientation is to present information concerning rights, benefits and responsibilities in conjunction with retirement.

Soldiers that are eligible for early retirement because of medical reasons also should attend.

Spouses of retiring personnel and prospective retirees are invited and encouraged to attend.

For more information, visit the Retirement Services Office in Building 210 or call 239-3320 or 239-3667.

### Vets Day alters trash collection

The refuse collection schedule will change Nov. 7-11 in observance of Veterans Day.

The schedule is:

**Nov. 7** – Colyer Manor, Main Post, dumpster at Building 621. (No change from regular schedule.)

**Nov. 8** – Ellis Heights, O'Donnell Heights, Montith Heights, Peterson Heights north of Thomas Avenue, dumpsters at Building 5309. (No change from regular schedule.)

**Nov. 9** – Warner Heights, Burnside Heights, Marshall Field and dumpsters at Buildings 28, 45, 470, 540, 542 and 621.

**Nov. 10** – Meade Heights, McClellan Heights, South Warner Heights, Peterson Heights south of Thomas Avenue and dumpsters at Building 5309.

**Nov. 11** – No pick up, Veterans Day holiday.

For more information, call Paul Cassella at 239-6274

## Warrior course

continued from page 1

junior leaders," Abramowitz said. "The course is revolutionary and warrants a name change."

Warrior Leader Course is the right name for the new course, Abramowitz said, because it "espouses the tenets of the Warrior Ethos."

PLDC used an instructor-centered, exposure and feedback system. Instruction consisted of lecture, classroom-based practical exercises and a cognitive skills test. A short field training exercise was used to evaluate combat leader skills.

The FTX, though, lacked standardization throughout the Army, said retired Sgt. Maj. Ron Schexnayder of the G3 Leader Development Division. He said a different approach was needed to produce a competent, innovative, adaptive and agile combat leader required by the current operational environment.

### Changes stem back to panel

The NCO phase of the Army Training and Leader Development Panel, known as ATLDP, was not about fixing the NCO corps; rather, it was an introspection to determine how the Army could make a professional NCO corps even better, Schexnayder said. He said since ATLDP, the Army has been in the process of transforming the NCO Education System in an effort to design a system that would not dilute the warfighting focus of NCOES.

NCOES must remain focused on NCO core areas of leading, training, maintaining standards, caring for Soldiers, technical competencies and tactical warrior skills while integrating greater conceptual and interpersonal skills, Schexnayder said.

Changes in the modular Army and operational environment require decentralized leadership skills, Schexnayder said. He said a small unit leader is needed who can employ all warfighting functions rapidly.

### Modular force needs versatile NCOs

The modular force structure and contemporary operational environment relies heavily on



U.S. Army Photo

PLDC students at the NCO Academy, Fort Campbell, Ky., go over an inspection checklist.

small unit tactics. The demands of today's battlefield require leaders who can think independently, Schexnayder said.

The Warrior Leader Course is designed to provide the Army with NCOs who can visualize, describe and execute squad-level operations in varied operational environments, Schexnayder said.

"The WLC places the responsibility of training individual Soldier skills back on the junior leader," said Command Sgt. Maj. James E. Dale of the Sergeants Major Academy. "This course prepares him or her to assume that role."

### Warrior Leader Course battle-focused

Graduates of WLC will have experienced standard-based, performance-oriented and battle-focused training that supports squad-level operations, Schexnayder said. Every promotable specialist and sergeant in an all-volunteer Army require training as combat leaders, he said.

The WLC is tailored to the environment in which the Army operates today, Schexnayder said. Every student receives detailed

squad-level combat leader training. This learner-centered and outcome-based approach reinforces all small unit tactics, techniques and procedures, he said.

The WLC incorporates recent lessons learned, Schexnayder said. As such, he said the course constantly adapts to world threats by incorporating the experience from the battlefield. Combat skills are trained and reinforced upon arrival, weapon immersion is emphasized throughout the new course.

Training and evaluation as a combat leader now applies to every Soldier. Evaluation is centered on the NCO's ability to demonstrate troop-leading procedures in current threat-based scenarios.

The combat focus of the course culminates in a 96-hour Situational Training Exercise or STX. Nine battle drills and 39 warrior tasks are the framework driving the planning, preparation, rehearsal and execution of all squad operations. This STX is competency-based, battle-focused, grounded in a combat scenario and driven by troop-leading procedures, officials said.

Instructors must complete cer-

tification before leading and evaluating students. The WLC also requires trainers to have squad leader and platoon sergeant experience and to be certified to teach the entire curriculum.

### NCOES changing since WWII

The post-World War II NCO academies at division level began a great tradition of NCO education that continues today. The concept was later adopted Army-wide, but it initially provided education only to Combat Arms Soldiers. PLDC integrated Soldiers from all fields, but instructors were not certified.

The Warrior Leader Course is the first course to apply the same combat leader-specific training standard for all Soldiers, regardless of gender or background, Schexnayder said.

### Course developers set long-term goals

The long-term goal is to train all specialists with promotion potential at the WLC, Schexnayder said. He said the course will teach specialists how to be an NCO and focus on leading, training, caring, maintaining and warrior skills.

The WLC will prepare Soldiers for promotion to sergeant and for assignments in teams, crews and squads. Conceptually, graduating Soldiers could be appointed to corporal upon graduation, he said - effectively symbolizing their transition from follower to leader.

Gerald Purcell, a retired sergeant major now serving as a personnel policy integrator for G1 Enlisted Professional Development, said, "In concert with this philosophy, and in an effort to ensure all Soldiers are trained before the Army asks them to perform at the next level, only corporals would attain eligibility for recommendation to sergeant."

This is strictly a long-term goal, explained Schexnayder, adding that there is no timeline to implement such requirements for promotion to sergeant.

*Editor's note: Information provided by G3 Leader Development Division.*

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## Post news in brief

### Hospital offers appointments

Irwin Army Community Hospital will schedule contraception appointments every Wednesday in November. While phone assistance may be enough answer a patient's concerns without a face to face visit, those requiring an appointment should call 239-DOCS (3627).

### Course planned for EO reps

The next Equal Opportunity Representative Course will be conducted Oct. 31 through Nov. 10 at Riley's Conference Center. All company- and battalion-sized units must have a designated primary equal opportunity representative between the rank of staff sergeant and first lieutenant.

To enroll a Soldier in this course, fax an on-post school request to 239-6193.

For more information, call 239-3379 or 239-8433.

### Leaf pick-up begins Oct. 31

Leaf pick-up with the Directorate of Public Works leaf vacuum machine will begin in areas of heavy tree concentration Oct. 31. Weather permitting and with emphasis in housing areas, the leaf pick-up schedule is:

Main Post on Mondays and Tuesdays  
Marshall Army Airfield on Wednesdays  
Camp Forsyth on Thursdays  
Custer Hill and other areas on Fridays

Leaves to be removed by the leaf vacuum should be raked or

piled in rows on the lawn area adjacent to the curb, but not on the curb or street. Leaf piles must not contain grass clippings, limbs or other heavy debris that would interfere with the vacuum operation. The leaf vacuum will operate through November or as long as necessary to complete fall leaf removal.

Housing occupants desiring to confine leaves in trash bags may place these bags adjacent to the trash carts for pick-up by the trash collection contractor on regular pick-up days. Bagged leaves should not weigh more than 40 pounds each.

The trash collection contractor will not pick up leaves for activities serviced by dumpsters. These units will be required to haul their leaves to the yard waste compost area near Building 1945 in Camp Funston. Leaves may be hauled loose or in bags, but all leaves must be deposited loose into the compost.

Dumpsters containing bagged or loose leaves will not be emptied.

For more information, call Burton Shepherd at 239-3908.

### Benefits fair set at center

The Civilian Personnel Advisory Center, Building 319 on Marshall Avenue, will host a benefits fair from 9 a.m. to 2 p.m. Nov. 1.

Benefit plan representatives will be present to answer questions and to provide open season health care packets.

Occupational health representatives will be present from 9 to 11 a.m. to give free blood pressure checks and to provide information.

## Minesweeper

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"You have a lot of mines being manufactured in countries that have almost zero metal in them other than the striker, the actual detonating device ... the PSS-11 and PSS-12 (older detectors) were looking for metal. If you have a very low metal content in that mine and it's buried under the surface, you won't even see it (using the older detectors)," Graham said.

The AN/PSS-14 looks for mine-like characteristics, not just metal. It replaces the Army's aging AN/PSS-12, which uses only metal detection technology.

"This is the first mine detector that's not a metal detector," Pierce said. "It greatly reduces the false alarm rate because it's actually looking for the mine and can disregard metal."

The new detector saves time by

searching for mine-like characteristics and disregarding pieces of metal.

"Using the PSS-11 and PSS-12, you'd have to sweep, and as soon as you got a hit, you'd have to dig it. Using the PSS-14, it's actually looking for a mine, so you can pretty much disregard small pieces of what we call 'clutter,' or metal in the ground. You can disregard those and concentrate on actually looking for mines," Pierce said.

It's the AN/PSS-14's ground penetrating radar, or GPR, that helps it distinguish metal objects, like a quarter, from a landmine, Pierce said.

"When you sweep over a quarter, it senses the metal but doesn't have mine-like density change. This is looking specifically for a density change in the ground that

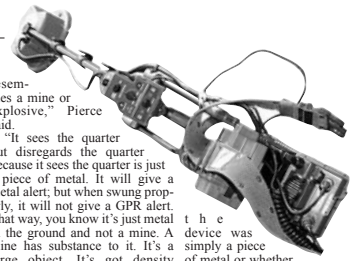
resembles a mine or explosive," Pierce said.

"It sees the quarter but disregards the quarter because it sees the quarter is just a piece of metal. It will give a metal alert; but when swung properly, it will not give a GPR alert. That way, you know it's just metal in the ground and not a mine. A mine has substance to it. It's a large object. It's got density change and it actually looks for that density change with a radar," he explained.

To help Soldiers become familiar with the new detection methods, training mines and metallic clutter were placed in the ground. Different sounds signaled whether

Pfc. Nathaniel Helmuth of Co. C, 1st Eng. Bn., places poker chips where the mine detector indicated metal was. Helmuth used the chips to help him determine what was a mine and what was metallic clutter during training.

Post/Blackmon



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### Coalition stops 70 terrorists near Ramadi

AR RAMADI, Iraq – Coalition forces continued counter-terrorism operations in areas of Al Anbar Province Oct. 16, killing an estimated 70 terrorists in separate actions.

### Terrorists stopped while emplacing IED

While conducting a combat air patrol the afternoon of Oct. 16, F-15 crewmembers observed 20 men arrive in four vehicles at the crater site of a previously detonated IED that had killed five U.S. and two Iraqi Soldiers east of Ramadi Oct. 15.

The terrorists were in the process of emplacing another IED in the same spot when the F-15 engaged them with a precision-guided bomb, killing them.

### Helicopters engage insurgents

A UH-1N Huey and AH-1W Cobra helicopter team on patrol north of Ramadi at about 7:30 p.m. Oct. 16 observed a group of military-age males gathered at a suspected terrorist safe house.

After realizing their position had been compromised, the terrorists fled the scene and engaged the Cobra with small arms fire. The Cobra returned fire with 20mm munitions, killing an estimated 10 terrorists.

At about 7:50 p.m. Oct. 16, a team of F/A-18s resumed observation at the suspected safe house where they found an additional 35 to 40 terrorists loading their vehicles with weapons and driving to another location to unload the weapons.

The F/A-18 targeted the terrorists with a precision-guided bomb, killing them. The combined strikes resulted in about 50 terrorists killed.

### Insurgents attack Ramadi center

At about 8 p.m. Oct. 16, Coalition forces guarding the government center in Ramadi were attacked by small arms fire from an adjacent building.

Forces on the ground requested air support to neutralize the increasing volume of fire, and an F/A-18 engaged the target with a Maverick missile at about 8:50 p.m.

When the small arms fire continued, Coalition forces engaged the targets with two shoulder-mounted multipurpose assault weapons, resulting in the cessation of all movement from within the structure.

There were no reports of Coalition or civilian casualties.

Information provided by a Multi-National Force-Iraq and Army News Service news releases.

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#610971/Stay/ing behind

## Democracy

continued from page 1

edges that his civics lesson may have been lost.

It wouldn't be the first time. In between hunting insurgents and dodging roadside bombs, Soldiers of the 2nd Battalion, 34th Armor Regiment, have spent the better part of a year laboring over similar lessons in their mission to bring democracy to this corner of Iraq.

Making almost daily visits to city councils, young officers have shown local leaders how to hold public meetings, negotiated a site for a school and, in one town, endured grueling discussions about a rumored bear.

They have wrestled with council members they suspect of helping insurgents and others who fear for their lives.

And, in the nine months since they were deployed to this area northeast of Baghdad, the Soldiers have witnessed the deaths of two comrades and the assassination of a councilman.

"It's war and it's nation-building simultaneously... That's not easy," Hall said. "But if we don't do it, who will?"

Hall, who retains the swagger of a man with enough firepower to level a city, describes war as a "contact sport." The fighting has kept his troops busy, particularly with regular insurgent attacks on police and army posts.

### Battalion keeps tanks on base – usually

Even so, the battalion's 54 tanks usually remain on the base. As Hall readily acknowledged, the mission has changed. "We are here trying to promote another way of life," the 42-year-old career officer said.

As in many parts of the country, the political culture in this largely rural swath of Diyala province was stunted by decades of Hussein's authoritarian rule.

"It was like these people were locked in a jail for 30 years," said George Kazour, a Lebanese-American interpreter who has worked with U.S. forces in the area since the U.S.-led invasion in 2003. "They didn't know how to make decisions because they were never allowed to."

Changing that – part of a mission the military calls "Nonlethal Targeting" – is rarely simple.

"It's a war and it's nation-building simultaneously."

— Lt. Col. Oscar Hall IV  
Commander, 2nd Bn., 34th Armor



When Hall recently visited the majority-Shiite town of Kanan east of Baqubah, Soldiers with guns at the ready shut down one lane of traffic on the main highway so the commander and his troops could walk from the Iraqi army post to the building where the city council was meeting.

In a small room decorated with vases of plastic flowers and packed with two dozen local men and U.S. officers, the Iraqis heatedly discussed the town's meager gasoline ration.

One man said fuel should be reserved for Kanan's residents. Another argued that such a system would hurt out-of-town bus and taxi drivers who transport residents to their jobs. Yet another wanted to talk about the shortage of kerosene for heating and cooking.

In the middle of the debate, an Iraqi's cell phone rang with an electronic version of "We Wish You a Merry Christmas." "I love democracy," Hall deadpanned.

The commander was less good-natured when the Kanan mayor turned to him with a long explanation of his efforts to secure more money to dig wells. "You don't need to tell me," snapped Hall, who has been trying to make leaders less dependent on the Americans. "You need to tell your fellow council members. And you need to tell them to get out and tell the people what is going on."

Mayor Mehdi Abdul Karim Nasir, a middle-aged man from a prominent local Shiite family, lowered his eyes sheepishly. "You guys gotta start talking to one another," Hall concluded sternly. "That's why you have these meetings."

The meeting broke up with a quick message from the colonel about the proposed constitution and sighs of relief from U.S. officers, who sweated through the 2 1/2-hour session in heavy flak jackets.

### Council marks some success

But there had been some success. The council agreed to draw up a list of those who would receive the gasoline.

"They debated an issue that is really important to them ... and they made a decision," said Capt. Todd Van Orsdel, 36, one of three officers attached to Hall's battalion and who are specially trained in what the Army calls "civil affairs." "A year ago, these guys wouldn't have even sat in the same room."

There have been plenty of less encouraging missions.

Two days after the Kanan meeting, another group of Soldiers traveled to the majority-Sunni town of Abarra, only to learn that the council meeting had been canceled for a funeral.

When the Soldiers went to a nearby village, they cut short their visit with residents when they got a report of a possible attack on an Iraqi army post and of the discovery of several bombs along a major highway.

"It seems like every day we have things to do, and then something like this happens," muttered one young sergeant.

By the end of the week, insurgents had blown up a bridge and killed 19 Iraqi soldiers and police officers around Baqubah.

"Sometimes it's hard for the young Soldier who says, 'I don't get the message we're trying to send' and 'Why are they shooting at me?'" Hall said.

But Hall and many of his officers remain sanguine about their mission. "I tell my Soldiers all the time, 'You know, one day ... you're going to be sitting there with your son on your leg and you'll be watching the History Channel. ... you're going to see Operation Iraqi Freedom, and you're going to see the next democratic government elected, and you're going to hold that little child on your leg and you're going to say, 'Daddy did that.'"

*Editor's note: This story is reprinted with permission of the writer and the Los Angeles Times newspaper, in which it first appeared.*

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# Commentary

Friday, October 21, 2005

Fort Riley Post

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## Riley Roundtable

### This week's question:

What is your feeling about restricting cell phone usage while driving a vehicle on post?



Staff Sgt. Benardo Gutierrez  
Communications technician  
1st Brigade, 75th Division (TS)

"Any regulation would be hard to enforce, even though it would be best to regulate it. Even headsets need to be adjusted, so I think it would be best to have no use of a cell phone while driving."



Pvt. Frankie Bunn  
Truck driver  
179th Transportation Company  
Home: Nashua, Iowa

"They should be regulated, but headsets are OK. That's no different (regarding distraction) than talking to someone in the car with you."



Kimberley Jean  
USD 475 employee  
Home: Junction City

"Cell phone use should be restricted. I think drivers shouldn't use them, period. I see some pulled over to use them, and that's good. It's very distracting (to use them while driving)."



Spc. Troy Lott  
Communications technician  
1st Brigade, 75th Division (TS)  
Home: Houston

"I think it's a good idea. Not everyone's as responsible as everyone else. If they don't have a headset or hands-free device, they should stop to use a cell phone."



Ruby Robinson  
Retired first sergeant  
Home: Milford, Kan.

"Yes, they should be restricted because they're such a hazard. I think it's OK to use it if you have a headset and you have an emergency and can't stop and pull over."

### Next week's question:

Other than more housing, schools and roads, what do you think Fort Riley or the surrounding communities should do to prepare for the increase in Soldiers and family members coming to post?

Opinions may be e-mailed to the editor at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil) or faxed to the editor at 239-2592.

Editor's note: This is the second of two articles on precautions people can take to prevent identity theft. The first article appeared in the Oct. 14 issue of the Post.

By Matthew D. Veldy

Legal Assistance Attorney

The computer age has given rise to the cases of identity theft. What can you do to minimize your risk for becoming a victim of identity theft?

Your computer should have updated anti-virus and anti-spyware software installed to protect you against the disclosure of personal information without your knowledge.

You should also use a firewall program on your computer, especially if you use an Internet connection that leaves your computer connected to the internet 24 hours a day, such as through a DSL or cable modem.

If you need to provide personal information through a Web site, you should look for indicators that the Web site is secure,



Capt. Matthew Veldy

such as a Web site that begins "https:" or a lock symbol on the Internet browser's status bar.

Keep in mind that no indicator is foolproof, and some bogus Web sites have

forged security icons. Internet identity thieves also engage in a scam called "phishing." They send an e-mail or pop-up message that claims to be from a business or organization with which you regularly deal. The message may ask you to "update," "validate" or "confirm" your account information.

The messages typically direct you to a fake Web site that looks like the legitimate organization's Web site. If you are concerned about your account, you should contact the organization using a phone number that you know is legitimate or open a new Internet

browser session and manually type in the correct Web site address.

If you are deployed or on temporary duty for any extended period of time, you should consider placing an active duty fraud alert on your credit report by contacting any one of the three major consumer reporting agencies ([www.equifax.com](http://www.equifax.com), [www.experian.com](http://www.experian.com) and [www.transunion.com](http://www.transunion.com)).

Active duty alerts can minimize the risk of identity theft while you are deployed. Active duty alerts remain in effect for one year. If your deployment lasts longer, you can place another alert on your credit report. When a business sees the active duty alert on your credit report, they must verify your identity before issuing any credit.

If you believe you are a victim of identity theft, you should take the following four steps as soon as possible.

First, place a fraud alert on your credit report and carefully review a current copy of your

credit report. Second, close the accounts that you know or believe have been tampered with or opened fraudulently.

Third, file a report with your local police or the police in the community where the identity theft took place.

Fourth, file a complaint with the Federal Trade Commission. You can file a complaint online at the Federal Trade Commission's Web site ([www.consumer.gov/idtheft](http://www.consumer.gov/idtheft)), call their hotline at 1-977-4D-THEFT (438-4338) or write to Identity Theft Clearinghouse, Federal Trade Commission, 600 Pennsylvania Ave., NW, Washington, DC 20580.

The Federal Trade Commission's Web site contains a lot of useful information that should answer most of the questions you may have about identity theft. If you require additional assistance, the Legal Assistance Office is located in Building 200. Office hours are 9 a.m. to 5 p.m. Monday through Thursday and 9 a.m. to 4 p.m. Friday. To schedule an appointment, call 239-3117.

### Straight talk on oral health

## Medications may be cause of problems

By Michael G. Moyer

Staff Periodontist

Your medicine cabinet may hold the answer to some of your oral health problems. Drugs that improve the health of one part of the body may have a detrimental affect on your mouth.

For example, more than 400 medications produce dry mouth or xerostomia, which can be damaging to the gum tissue.

Other drugs may cause gingival enlargement, which means the gums become swollen and grow over the teeth.

Medications with sugar as a main ingredient, such as over-the-counter cough drops and syrups, may increase plaque as well as enhance the ability of plaque to be more adherent to your teeth.

In addition, medications which have a depressant effect may make people negligent with their oral hygiene habits.

Drugs that induce dry mouth include those for high blood pressure, spastic bladder syndrome, pain relief, anxiety and allergies.

People with dry mouth have a tendency to accumulate more plaque and experience changes in their gum tissue that can make them more susceptible to periodontal disease and tooth decay.

Your dental professional can recommend various methods to restore moisture, including sugar-

less gum, oral rinses or artificial saliva products.

A number of medications also may cause gingival enlargement or gum overgrowth, such as calcium channel blockers, phenytoin used for seizure prevention and cyclosporine, which is widely used following organ transplants to control rejection.

Gingivitis may act as a predisposing factor to this condition, so meticulous oral care and routine dental visits are very important for people who use these medications.

Many liquids or chewable medications, especially children's medications, are made palatable by the addition of sucrose, glucose or fructose as sweeteners.

These may significantly alter plaque and increase the risk of cavities and possibly periodontal disease. When purchasing lozenges, chewable tablets and syrups, look for those that are sugar free.

Just as you tell your physician about the drugs you are taking, be sure to tell your dentist about medications you are taking, including herbal remedies and over-the-counter medications.

Your dental professional can talk to you about what effects, if any, these may be having on your dental health.

Your dental professionals can work with you and your physician to minimize any negative effects.

This article is based on information from by the American Academy of Periodontology.

### Grunt By Wayne Ulden



### FORT RILEY POST

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Your opinion is important to the Post editor and staff. Please take a moment to tell us how well we are doing our job of keeping you informed about what is happening at Fort Riley. Fax the form to (785) 239-2592 or clip and mail this form to Editor, Public Affairs Office, Building 405, Fort Riley, KS 66442, or drop the form at building 405. You may also send your opinions to the staff by e-mail at [mike.heronemus@riley.army.mil](mailto:mike.heronemus@riley.army.mil).

### What are your concerns or suggestions for improvement?

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Your name (optional) and phone number (if you would like to talk about your ideas):



# Unit cases guidon colors



By April Blackmon  
Staff writer

Detachment G, 15th Finance Battalion, inactivated Oct. 14. The detachment's colors were cased at a ceremony on Cavalry Parade Field.

The detachment was responsible for Soldier in- and out-processing at Fort Riley. The civilian workforce will now handle that work.

Thirteen Soldiers from the detachment will remain to assist the civilians with in- and out-processing.

This is not the first time civilians have handled Soldier processing. Civilian employees handled the tasks until 1997, when Detachment A, 1st Finance Battalion, took over the responsibilities.

In fall 2002, 1st Finance inactivated and Det. A became Detachment D, 4th Finance Battalion. The detachment deployed in support of Operation Iraqi Freedom in April 2003, supporting the 3rd Armored Cavalry Regiment in Western Iraq. It redeployed in March 2004.

Months later, the detachment reflagged as Det. G, 15th Fin. Bn.

Post/Blackmon  
Lt. Col. Kevin Gentzler, commander of the 15th Fin. Bn. at Fort Hood, Texas, and Capt. Nicole Ward, commander of Fort Riley's Det. G, 15th Fin. Bn., case the detachment's colors at a ceremony Oct. 14 at Cavalry Parade Field.



Post/Heronemus

## Retirees learn about Iraq mission

Lt. Col. David Batchelor, commander of 1st Battalion, 41st Infantry, shows a slide indicating a hole in an asphalt road in the area his unit patrolled while in Iraq. Insurgents use such holes, Soldiers learned, to plant improvised explosive devices. Batchelor spoke to about 170 retirees attending Fort Riley's Retiree Appreciation Day Oct. 14.

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# Kansas Reserve unit returns

By Karl W. Johnson  
363rd MPAD

More than 100 members of the 326th Area Support Group, a U.S. Army Reserve unit based in Kansas City, Kan., returned home Oct. 14 from a tour of duty in Iraq. Well-wishers welcomed the 112 Soldiers back in a ceremony at Fort Riley.

"They've come home in good shape and look forward to seeing their homes and families," said retired Brig. Gen. Phillip J. Zeller Jr., a former 326th ASG commander and special guest at the ceremony.

Zeller, who commanded the unit in 1975, expressed pride in the unit's ability to mobilize and

successfully complete its first deployment since the unit was formed in the early 1970s.

Brig. Gen. Rita Broadway, commanding officer of the 89th Regional Readiness Command, Wichita, Kan., expressed her gratitude and pride in the unit's successful mission.

Broadway praised the on-going support by the Soldiers' families, friends and employers all during the deployment, ensuring the unit's morale remained high. Without their invaluable support, she said, the mission could not have succeeded.

The 326th ASG served the past 11 months at Al Asad Airbase, Iraq, where it was chiefly responsible for the overall operations mission at the airbase.

"The most satisfying thing was watching the reaction of Iraqi people after voting for the first time," said Col. George R. Harris, 326th ASG commander. "They were literally dancing in the streets."

Although the 326th ASG hails from Kansas, it deployed with Soldiers from all over the country.

Master Sgt. Robert Wiester, a light wheeled vehicle mechanic from Vancouver, Wash., helped manage a bus maintenance program. He was pleased that "his" buses were used to transport Iraqi citizens to polling locations.

Wiestler said the most important lesson he learned while deployed was, "Be flexible...very flexible."



## Saluting 'Ike'

Maj. Gen. Dennis Hardy (right), commanding general of the 24th Inf. Div. (Mech) and Fort Riley, and Garrison Command Sgt. Maj. James Noble, acting 24th Inf. Div. command sergeant major, salute after placing a wreath at the tomb of Dwight D. Eisenhower in Abilene during ceremonies honoring the birthday of the former president and Army general.

Post/Perlin

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# First IMA commander moves to new job

By Ned Christensen  
IMA Public Affairs

WASHINGTON – The Installation Management Agency said farewell in an Oct. 6 ceremony to outgoing director Maj. Gen. Ronald E. Johnson, who leaves to take over as deputy chief of engineers and deputy commanding general of the U.S. Army Corps of Engineers.

Johnson, who thought of himself as the IMA quarterback, passed the football to IMA principal deputy director Philip E. Sakowitz in the Arlington, Va., ceremony hosted by Lt. Gen. David W. Barno, assistant chief of staff for installation management.

Sakowitz will serve as acting

director until incoming director Maj. Gen. Michael D. Rochelle assumes the post in late October.

Johnson assumed the directorship of IMA Aug. 9, 2004, and leaves following a year that saw dramatic growth and promise for the future in IMA despite being filled with the turbulence of changing times.

"Ron Johnson probably had the toughest two-star job in our Army during his 14 months here in IMA," Barno said.

"If you look at what we've asked him to do, leading 78,000 people across 110-plus installations, scattered literally across the globe, with increasing missions and decreasing people – that's about as tough a sledding as you

"The wellbeing and quality of life that [the IMA workforce] deliver ... will be the edge that sustains this world-class, all-volunteer Army."

— Maj. Gen. Ronald Johnson  
Outgoing IMA commander

can get, and he has done that magnificently well," Barno emphasized.

Johnson was a tireless advocate for IMA's mission of improving Soldiers' wellbeing by standardizing the services on installations.

He often cited the examples of corporate giants Home Depot and McDonald's, who meet customer expectations by offering the same

predictable look and products everywhere in the world they are located, while still accounting for the variations made necessary by demographics or geography.

He was particularly passionate about Common Levels of Support, which for the first time quantifies the cost of running installations and shows what happens when funding lags.

Johnson credited CLS with providing the solid data to sell the Army leadership on funding installations to 90 percent of required funding levels.

At the same time, he decided to hold implementation back a year to make sure it was right when fully deployed.

Johnson actively pushed business process redesign and the Lean Six Sigma model to find efficiencies and improve processes. He compared the February 2005 decision to fund installations at 90 percent of base operations and 90 percent of facility maintenance and sustainment requirements to the Army College Fund in terms of significance to sustaining Army recruiting and retention.

"The wellbeing and quality of life that you [the IMA workforce] deliver in enhancing the facilities where our Soldiers live, work and play will be the edge that sustains this world-class, all-volunteer Army. It is your work alone that will cause other Americans to answer their call to duty," he said.

"90-90 [funding for installations] is a huge decision and I encourage each and every one of you to use the very best judgment and professionalism in figuring out how to deliver to our people the very best without wasting a single dime," Johnson said.

"I'm encouraged by what we've done and I'm even more inspired by what you have yet to do," he added.

## Battalion executive officer steps up to commander's post

By Stephanie Perrin  
Staff writer

The new commander of 3rd Battalion, 382nd Regiment (Logistical Support), brings nearly a year of service with the battalion to his new position.

Maj. Marvin Jensen assumed command of the 3rd Brigade, 75th Division (Training Support), bat-

talion at a change of command ceremony Oct. 15 at Cavalry Parade Field.

He succeeds Lt. Col. Alan Proffitt, who had commanded the battalion since September 2003.

Jensen joined the 3rd Bn. in 2004 as the plans and training officer. He assumed duties as battalion executive officer in January 2005.

Jensen received his degree

from Pittsburg State University in 1983. He received a direct commission as a first lieutenant in the Medical Service Corps in 1990 and joined the 388th Medical Command in Hays, Kan., in 1991, serving as a stock control officer. He then assumed command of the command's logistics support company.

Jensen transferred to the 418th Civil Affairs Battalion in Belton,

Miss., in 1995 and served as a preventive medicine officer in the general support detachment.

He returned to 388th Medical Battalion Logistics (FWD) as the battalion's logistics officer and later served as its assistant plans and training officer.

For his next assignment, Jensen served as a preventive medicine officer for the 14th Medical Detachment in Springfield, Mo.

In October 1998, he took command of the 469th Medical Company (GA) in Wichita, Kan. He then returned to the 388th Med. Bn. Log. (FWD) and served as the plans and training officer.

Jensen mobilized in 2002 and assumed command of Detachment 2, 388th Med. Bn. Log. As commander, he led the unit's Soldiers during a deployment in support of Operation Enduring Free-

dom.

Upon his return to the States, he served as a stock control officer with Co. A, 388th Med. Bn. Log. (FWD).

The battalion commander's awards and decorations include the Meritorious Service Medal, Army Commendation Medal, Army Achievement Medal and the Army Reserve Components Achievement Medal.

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Post/Skidmore

## Dangerous Work

Members of the Nebraska Army National Guard's 189th Transportation Company assault a building on Camp Forsyth during a training exercise. The company, from Norfolk, Neb., is at Fort Riley preparing to deploy to Iraq in support of Operation Iraqi Freedom.

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2Q2 College Hgts Oct TF

THE FAMPERED PET  
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FULL COLOR 2x5 pampered pet

## Fallen heroes

continued from page 1

to guy," Arnold said. Whatever he was asked to do, Ponce Ruiz would say, "Yes, Sarge," got it, Sarge," and then do it, she said.

Speaking on behalf of Capt. Kevin Ward, the company commander, Sgt. 1st Class Deborah Wilkerson assured that "anyone who ever met either of these NCOs would instantly know their families were precious to them."

Ward wrote and praised the two

Soldiers for what they had accomplished but said they would not be remembered because of what they had done but because of the lives they had touched, "and they touched many," he wrote.

Lt. Col. Howard Merritt, commander of the 541st Maintenance Battalion, said Furman was the type of Soldier who never lost hope "no matter what trial came his way."

Ponce Ruiz never complained and truly enjoyed what he was doing. Both Soldiers were dedicated to their profession, Merritt said.

The Bronze Star Medal and Meritorious Service Medal were awarded posthumously to each Soldier.

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# Fort Riley Sports & Recreation

Friday, October 21, 2005

America's Warfighting Center

Page 11

## Sports news in brief

### Wildcats to hold scrimmage

The Kansas State University men's basketball team will hold an open scrimmage from noon to 12:30 p.m. Oct. 22 at Bramlage Coliseum before the Wildcats' football game with Texas A&M.

Doors to the northeast and northwest entrances of Bramlage Coliseum will open at 11:45 a.m., with fans being able to watch the last 15 minutes of practice before the open scrimmage.

In conjunction with the scrimmage, K-State will also hold its annual coaching clinic on Oct. 22 with legendary junior college coach Joe O'Brien as the featured speaker. The clinic, which begins at 8:30 a.m., will include presentations by O'Brien and Wildcat Head Coach Jim Woodbridge.

The cost for attending the clinic is \$95, which includes admission to the clinic, a ticket to the Kansas State-Texas A&M football game, refreshments, parking, a pre-game meal and practice observation. The cost without the game ticket is \$55.

Individuals can register for the coaching clinic by calling the men's basketball office toll free at (800) 651-4667 or going online at [www.kstatesports.com](http://www.kstatesports.com).

### Sports, pool activities slated

Oct. 23 - 2 to 4 p.m., Riley Wheels, family skate \$1 for ID card holders

Oct. 24, 27 - Noon to 1 p.m., King Field House, Fitness Yoga

Oct. 24, 26 - 5:45 to 6:45 p.m., King Field House, Cardio Pump Aerobics

For more information, call 239-2813.

### Center offers bowling variety

Custer Hill Lanes, Building 7485, offers open bowling 5 to 11 p.m. Tuesdays through Thursdays, 5 to 10 p.m. Fridays and 3 to 11 p.m. Saturdays.

Extreme bowling under strobe lighting is offered 10 p.m. to close Friday. Family extreme and bowling is offered 5 to 7 p.m. Saturday and family open and extreme bowling is offered 3 to 10 p.m. Sundays.

Family extreme bowling costs \$15 per lane for six persons. Couples are being sought for a "fun" league to begin this fall. Sign up at the center or call 239-4366 for more information.

### Roller rink open for family fun

Riley Wheels Skating Rink in King Field House operates from 8 to 10 p.m. Fridays, 6 to 8 p.m. and 8 to 10 p.m. Saturdays and 2 to 4 p.m. Sundays. Family skating is offered for \$1 per family member on Sundays.

For more information, call 239-3764.

### Eyster open for swimming

Recreational swimming is available from 1 to 6 p.m. Saturday and Sunday at Eyster Pool near the Main Post Exchange. Daily fees are \$1.50 for ID card holders and \$2 for guests. Military family members 5 and younger admitted free. For more information, call 239-9441.

## Last play decides who wins game

By Stephanie Perrin  
Staff writer

The last play of the game decided the winner Oct. 12. Company A/Headquarters and Headquarters Company, 101st Forward Support Battalion, defeated Headquarters and Headquarters Battery, 1st Battalion, 5th Field Artillery, 41-35 at Sturgis Stadium.

The Artillery led 35-34 with only two plays left in the game.

Flag football rules allow only a specified number of plays per period.

The Artillery lead came on a pass into the end zone that was complicated with an illegal use of hands penalty against an FSB defender. The Artillery chose to ignore the penalty and take the touchdown and a one-point lead over their opponents.

FSB Quarterback Morgan Barnett took the ball on second down

— the final play of the game — and passed successfully to Damien Blackwell. The successful extra point attempt boosted the final score to 41-35.

The FSB offense started slowly as play opened. It lost yardage when the Artillery sacked Barnett and an offensive offside penalty moved them back near their goal line.

Barnett reclaimed the lost yards and advanced to the Artillery 20-

yard line on the third play of the game. That earned FSB a first down but Barnett was called for guarding his flag and that moved them back 15 yards to the 35.

FSB quickly recovered from the setback and crossed into the end zone on third down for their first score. Another offside penalty forced FSB back five yards to repeat their extra point attempt.

Not to be denied, a pass to Samuel Miller increased FSB's

lead to 7-0.

The Artillery offense moved downfield quickly, advancing to their opponent's 30-yard line after two plays from scrimmage. Quarterback Aaron Lange's third-down pass avoided interception and landed in the hands of his waiting receiver, giving the Artillery their first touchdown. The successful extra point tied them with the FSB,

See Flag football, Page 12

## Pig Bowl



Post/Blackmon

Co. A, 1st Bn., 190th FA (MP Prov.), Quarterback Eddie Krebs runs to the sidelines while Johnny Dorsey (right) of the 523rd MP Co. pulls his flag.

## 'Vigilantes' dominate football tourney

By April Blackmon  
Staff writer

The "Vigilantes" from Montana earned the distinction of Pig Bowl champions after an eight-game Military Police flag football battle Oct. 14 at Fort Riley.

Guardsmen from Company A, 190th Field Artillery (MP Provisional), laid claim to the Pig Bowl trophy after defeating the 523rd Military Police Detachment, 39-8, at Sturgis Stadium. The bowl is part of quarterly sports activity days sponsored by the 924th Military Police Battalion, recently reflagged as the 97th Military Police Battalion, for its Soldiers.

"The event epitomized the spirit of competition and unity of this battalion. I am proud of the performance of all the units, especially those that had to play back-to-back games once they entered the loser's bracket," said Lt. Col. Michael Apodaca, battalion commander.

This was the second meeting in the bowl for the "Vigilantes" and the "Enforcers." The 190th first sent 523rd to the loser's bracket in Game 5 of the competition after winning 27-6.

The "Enforcers" fought their way back to the finals. After a gut-wrenching 20-19 victory over the 97th Military Police Company in semi-final action, the 523rd MPs took just a five-minute break before facing the rested Montana team.

The 523rd MPs marched onto the field for its fifth and final game of the day. The team had played two more games than any of its competitors. The sweaty, sun beaten and worn down players stood opposite an energetic 190th as the first whistle blew.

Chrisby Casiano kicked up 523rd's enthusiasm early on, intercepting a 190th pass at the 20-yard line. But a vengeful "Vigilante" defense quickly responded. Chico Reyes pulled off the quarterback sack for a loss, and Kevin Butler snagged the interception to regain offensive control.

Five plays later, 190th Quarterback Eddie Krebs ran in the touchdown and Travis Skovgaard caught the extra point for a 7-0 190th lead.

The "Enforcers" didn't have much luck on their second drive. Quarterback Nick Graham made it to their 30-yard line, but 190th's Kevin Butler nabbed a 523rd pass

See Pig Bowl, Page 12



Post/Blackmon

Jason Smith (left) of the 523rd MP Co. attacks Co. A, 1st Bn., 190th FA's (MP Prov.), Kevin Butler.

## Pack rats rarely seen, can cause major damage

Wood rats like electric wiring, shiny objects, anything they can carry



Alan Hynek

By Alan Hynek

Fish and Wildlife Administrator

Although rarely seen, their presence is unmistakable. Their telltale lodge announces the presence of a truly interesting animal.

The eastern wood rat (neotoma floridana), commonly called a pack rat, is a large rodent that is mouse like in appearance. In general, it has little resemblance to Old World rats, such

as the Norway rat and black rat. Although generally associated with trees, they can be found in a variety of places, including old barns, garages and other outbuildings.

Wood rats are almost exclusively herbivorous, with a diet of twigs, buds leaves and roots. They do not drink water, because they obtain enough moisture from their solid

food.

Adults grow to lengths of 14 to 17 inches, head to tail. Females can have one to two litters between February and September, with an average nest size of four. Their average lifespan is three years, which is fairly long for a rodent.

The eastern wood rat builds its nest mostly of dry twigs, leaves, bark,

bones, dried grasses and just about anything they can carry. You can find a wide variety of items, ranging from tin cans and shotgun shells to jewelry, in their nest.

However, wood rats appear to have a preference for shiny objects. They are sometimes referred to as the trader rat because they will lay down whatever they are carrying and pick

See Wood rat, Page 12



# Nemechek finishes fourth

By David Ferroni  
Army News Service

CHARLOTTE, N.C. — Overcoming adversity has been the trademark of Joe Nemechek and the U.S. Army Team. Oct. 15 at Lowe's Motor Speedway, the 01 team's comeback was even more dramatic as Nemechek battled back from the rear of the field to finish fourth in the UAW-GM Quality 500.

Twice during the 336-lap event, the Army of One team was forced to replace a battery due to an electrical problem with the Army Chevrolet. Following each replacement, Nemechek fell a lap down and was relegated to the back of the pack.

"You talk about fight and spirit, we had it tonight," said Nemechek, who retook the lead on lap 320 and held the front-running position until eventual race winner Jimmie Johnson passed him with 12 laps remaining.

"My car was a little tight in the middle of the corner and Jimmie was able to take advantage of that," Nemechek continued. "What feels good is that we put ourselves in position to win. That's what makes it fun. We're ready to keep on going and get that first win of the season for our Soldiers."

Nemechek, who was the only non-Chase driver to finish in the top five, made a gain in the Nextel Cup driver point standings. He jumped two positions — from 15th

to 13th — and is six points out of 12th and 17 out of 11th.

"After not making the Chase, our goal was to finish 11th, and that is now within our grasp," Nemechek said.

Nemechek, who ran up front on the tricky 1.5-mile oval until his alternator started to malfunction near the 200-lap mark, was positioned in 30th place with 80 laps remaining. From that point of the race, it was a combination of savvy driving, calculated pit strategy by crew chief Ryan Pemberton and excellent pit stops that propelled the 01 Chevrolet to the front.

"The pit crew was incredible tonight. We gained on almost every stop, and toward the end of the race when we really needed a

couple of quick stops, the guys came through with flying colors," Nemechek said.

A decision by Pemberton not to pit following a caution on lap 268 put Nemechek back in contention. While the majority of the teams pitted for fresh rubber, Nemechek stayed out and moved into ninth place when the race was restarted on lap 275. He remained in the top 10 for the remainder of the event.

The 505-mile race, which went into overtime with a green-white-checkered restart, saw numerous cautions due to blown tires.

"We were all abusing the tires. . . You would see somebody go by and pretty soon they would be in the fence. It was like Bristol, survival of the fittest," he said.



Cameras in Action/Copeland

Martha Nemechek, Joe Nemechek's mom and No. 1 fan, cheers for "Front Row Joe" as he leads the field Oct. 15.



Post/Perrin

Morgan Barnett, 101st FSB's quarterback, prepares to throw the football as Martin Zarate (left) and James Lewis of HHB, 1st Bn., 5th FA, prepare to block the pass.

## Flag football

continued from page 11

7-7.

FSB's offense took the next two plays to answer the Artillery assault. Barnett threw a long pass to Josias Celosia who sprinted to the Artillery 10-yard line. Barnett ran the ball through a hole in the Artillery defense and FSB took another six points to their side of the scoreboard.

The extra point attempt failed and the Artillery took control of the ball on their own 35-yard line after a 15-yard interference penalty against FSB.

A pass on the next play from scrimmage moved the Artillery offense all the way to the FSB 10-yard line, but a protecting the flag penalty against Lange moved them back 15 yards to repeat their first down.

On their third play of the series, the Artillery lost count of their passes and a third loss brought a 15-yard penalty. Flag football rules allow only two forward passes during a down.

After an incomplete pass and a near interception by Miller, the Artillery's aerial assault connected with Martin Zarate on fourth down

to retie the score, this time at 13-13. The successful extra point placed the Artillery in the lead, 14-13.

After an incomplete pass on first down, Barnett heaved a good one that placed the FSB offense on the Artillery's 30-yard line. The Artillery defense stiffened and sacked Barnett for a five-yard loss.

Barnett responded by running the ball for the needed first down, and an offside penalty against the Artillery defense gave FSB's five more yards.

Radonda Beauchamp caught a pass and ran into the end zone to score FSB's next touchdown and a toss to Latavus Walker added the extra point to boost the FSB lead to 20-14 at the half.

The second half started bleakly for the Artillery. An illegal motion penalty called against their center and a missed hike by Lange forced them to lose yards. They regained their lost yards on fourth down after a pass to B.J. Lee placed them one yard from the goal line.

Lange ran the ball for the score on the next play and the Artillery reclaimed their one-point lead, 21-20, with the extra point.

FSB's offense ran into trouble on the next series of plays. The Artillery sacked the quarterback for a five-yard loss and an offside penalty cost FSB another five.

The offense clicked on fourth down, however. Beauchamp caught a pass and ran the remaining length of the field for a touchdown that was followed by an extra point putting FSB ahead 27-21.

It took just one play for the Artillery to reclaim the lead.

Lange found a receiver and he was chased the rest of the distance to the goal for another Artillery score. The successful extra point attempt moved the Artillery ahead, again, by one point.

FSB's offense suffered from lost yards on another quarterback sack when the ball was hiked past the quarterback.

A fourth-quarter pass found the hands of Brett Hollifield, who ran it into the end zone for the touchdown. Barnett ran the ball in for the extra point, and FSB led again, briefly, 34-28.

The team again traded leads, finishing the game with FSB on top, 41-35.

## Flag football scores

Oct. 11

116th MP Co. won by forfeit over Btry. A, 1st Bn., 5th FA

HHCo. A, 101st FSB def. 172nd Chem. Co., 19-15

331 Signal Co. def. Btry. D, 1st Bn., 5th FA, 18-12

Oct. 12

MEDDAC def. Btry. A, 1st Bn., 5th FA, 44-0

HHB, 1st Bn., 5th FA def. 116th MP Co., 31-6

Oct. 13

HHB, 1st Bn., 5th FA def. 331st Sig. Co., 19-16

Co. A, 1st Eng. Bn. def. 116th MP Co., 20-18

Co. C, 1st Eng. Bn. vs. HHCo. A, 101st FSB game was rescheduled

## Wood rat

continued from page 11

up a more attractive object. They will occasionally leave a stone in place of whatever they take.

Within their lodge is a series of chambers lined with soft material, such as shredded bark, and used for rearing young. Other chambers include areas for food storage, feeding and for depositing feces. Most lodges include a series of underground tunnels used for escape and for cold weather habitation.

As a pest, the pack rat can cause major damage. They can be an important factor in transmission of disease and can become a major nuisance when they decide to take up residence in a building or vehicle.

Wood rats are particularly fond of electrical wiring. They can easily shred all of the wires under the hood of car in a short amount of time. If you have a vehicle that goes unused for weeks at a time, and you live near a wooded area, it would be wise to occasionally check under the hood for any "new neighbors."

The preferred method for

control in and around buildings is exclusion and trapping. Taking preventative measures to keep all rodents out of buildings is the best course of action.

However, if wood rats are already present, they easily can be caught in live traps using dried fruit, apples, peanut butter or nutmeats.

Wood rats are classified as huntable non-game animals, which means a hunting license is required. In most states, including Kansas, they can be controlled without a hunting license when they threaten or damage property.

Some interesting lore is tied to the pack rat, mostly in association with the weather.

The one I have heard most often is when pack rats build their nests up high, we will experience a lot of snow that winter. I don't think there is much to this though, as there seems to be quite a variety in heights in any given winter. Either that or they are not able to forecast the weather any better than humans can.

## Pig Bowl

continued from page 11

and tossed it off to Shaun Spencer for the score. After an incomplete extra-point pass, 190th led 13-0.

The game and the crowd heated up after Krebs was physically tackled on the run. After a referee debate that took several minutes, a roughing the passer penalty was called, moving 190th to the 523rd's 18-yard line. Skovgaard caught the next pass on the play for the touchdown. Defender Robert Hirsch dove and grabbed the 190th ball carrier's flag, denying the extra point.

Jason Smith took the helm for 523rd, only to have his second pass picked off by John Crew. Crew tossed Reyes, who scored the touchdown. Tim House caught the extra point pass, giving 190th a 27-0 lead.

Graham stepped back in as 523rd quarterback. With a minute

## Pig Bowl scores

Co. A, 1st Bn., 190th FA (MP Prov.) defeated 116th MP 21-6  
523rd MPs defeated 300th MPs 7-0  
523rd MPs defeated 977th MPs 20-7  
300th MPs defeated 116th MPs 12-6  
Co. A, 1st Bn., 190th FA (MP Prov.) defeated 523rd MPs 27-6  
977th MPs defeated 300th MPs 25-6  
523rd MPs defeated 977th MPs 20-19  
Co. A, 1st Bn., 190th FA (MP Prov.) defeated 523rd MPs 39-8

left in the half, Casiano caught a pass for a touchdown and then scored the extra point. The "Enforcers" were on the board before the end of the half, 27-8.

The 190th took advantage of their first possession and used a two-pass play that put the ball in Tanner Harbaugh's hands for the score and a 33-8 lead.

In the final seconds of the half, 523rd made its way to their own

37-yard line, where they picked up in the third quarter.

Defensive penalties and offensive catches by Casiano, Graham, David Cochran and Larry Johnson put 523rd at the "Vigilantes'" 5-yard line, but Butler crushed any touchdown hopes with an interception in the end zone.

Four plays later, Harbaugh took a Krebs pitch in for the score. Hirsch prevented the extra point

with his interception, and the game stood at 39-8 in favor of the "Vigilantes."

Reyes was kicked out of the game for roughness on the quarterback, but the penalty and loss didn't hurt the Montana team. After several 523rd pass attempts failed and a near-interception, 190th took over at its own 11-yard line to ride out the game's final minutes.

Following the game, the "Vigilantes" were presented with the Pig Bowl trophy.

"While all my units are champions, it was 'The Vigilantes' of [Co. A, 1st Bn., 190th FA (MP Prov.)] who came away with the trophy," Apodaca said. "I give fair warning to all other units on Fort Riley playing intramural flag football ... fear the men from Montana."

Story ideas? Call 239-8854.

PRAIRIE HAWK CYCLE & LEATHER,  
1 x 1.5"  
Black Only  
1x1.SprairieHawk TP Oct.

TYME OUT  
1 x 3"  
Black Only  
1x3 Great steaks, great sports

MYERS INSURANCE AGENCY  
1 x 2"  
Black Only  
1x2 MyersIns Oct. TF

COTTONWOOD THEATERS  
1 x 3"  
Black Only  
1x3 Cottonwood Oct. TF

FIRST PRESBYTERIAN CHURCH  
1 x 2.5"  
Black Only  
1x2.5 FirstPres Sun Sch Oct

KANSAS PRESS ASSOCIATION  
2 x 4"  
Black Only  
Pawnee Mentä

SALINA POWERSPORT  
3 x 2.5"  
Black Only  
3x2.5 Salina Power

KANSAS PRESS ASSOCIATION  
2 x 4"  
Black Only  
Conventry





# Fort Riley Community Life

Friday, October 21, 2005

America's Warfighting Center

Page 13

## Community news briefly

### Poetry group plans party

The Brothers 2 the Night poetry group from Irwin Army Community Hospital plans to host a Halloween costume party beginning at 8 p.m. Oct. 29 at the Marriott Hotel in Junction City. This party is for adults only.

The cost is \$5 in advance or \$8 at the door. Money will be used to support the group's monthly poetry nights at JC's Best Coffee in Junction City. For more information, call (785) 375-2579.

### Adult book group forming

Fort Riley Post Library is inviting interested readers to join an adult reading group, "Book Talks."

Meetings will take place from 7 to 9 p.m. the first Thursday of each month. The first meeting will be Nov. 3.

For more information or to join the group, call 239-5305.

### Chapel hosts Oct. 31 fun

The Morris Hill Chapel congregation will offer a fun, safe environment for families and children of all ages on Halloween.

Bible-based games will be the highlight of the evening, accompanied by food, dramatic play and a presentation by the drill team ministry for the Family Fall Festival also known as Hallelujah Night.

The festival takes place from 5 to 8 p.m. and everything is free.

For more information, call Althea Brown at 717-3032.

### Congregation plans event

The Junction City Church of the Nazarene will host a Fall Festival 2005, "Trunk or Treat at the Naz." It will be a family celebration, an alternative to Halloween, which allows the entire family to participate.

The event will run from 5:30 to 7:30 p.m. Oct. 31 at 1315 W. Ash St.

Activities include inflatable games outside, numerous inside games, food, fun and fellowship for the entire family. Children will be able to fill their bags with treats from the trunks of cars parked on the lot.

Suggested donation is a can of food that will be given to the local food pantry.

For more information, call the church office at (785) 762-4402.

### Rally Point offers variety

Oct. 26 - Wing Night, 20-cent wings and dance music, 8 p.m. to close.

Oct. 27 - Dance music Oct. 28 - 5 to 8 p.m., Kid's Halloween Party

Wednesdays - Crazy Karaoke and 20-cent wing night 5 to 9 p.m.

Thursdays - Request night Fridays - Family night with movie, dance and buffet from 5 to 8 p.m. and mixed dance night from 8 p.m. to close

Saturdays - Hip Hop from 11 p.m. to 4 a.m. Sunday with DJ Monroe

Sundays - NFL football, six games on TV, doors open 11 a.m. to 10 p.m.

For more information, call Rally Point at 784-5434.

## Panelists suggest improvements

By Stephanie Perrin  
Staff writer

Soldiers and family members decided Fort Riley needs a 24-hour dining facility and public transportation services after meeting at the 2005 Army Family Action Plan Conference Oct. 12 and 13 at Riley's Conference Center.

The conference allowed Soldiers and family members to present issues and concerns they feel

members of the Fort Riley community face and would like to have improved.

Individuals taking part in the conference were initially placed in one of four groups: Community, Consumer Services, Force Support and Base Operations. The groups then identified, discussed and prioritized the issues they felt were concerns in their designated topics.

Each group selected a spokesperson and narrowed the

group's topics to the three issues they felt were most important. The spokesperson then briefed all the participants of the conference and Col. Thomas Smith, U.S. Army Garrison commander at Fort Riley, on Oct. 13.

"The benefits are that changes actually happen. Changes are made and those changes benefit not only our particular post but the Army as a whole," said Becky Willis, program manager for the

See AFAP, Page 15



Col. Thomas Smith, garrison commander, and Becky Willis (far right), AFAP Conference program manager, present Debby Elliot a certificate for participating in the conference.

Post/Perrin

## Top teacher



Post/Perrin

Deb Barnes instructs sixth-graders Dylon Raasted (center) and Tyler Mueller during a science experiment Oct. 18. The students experimented with kool-aid and water combinations to determine the best concentration solutions.

## Barnes semi-finalist for teacher of year

By Stephanie Perrin  
Staff writer

Fort Riley Middle School has one of the top teachers in the state and she has a golden apple paperweight sitting on her desk to prove it.

The person who nominated her is still a mystery but this unknown admirer has made many new possibilities available for Deb Barnes, the teacher said.

Barnes, a sixth-grade science teacher at Fort Riley Middle School, was named a semi-finalist for Kansas Teacher of the Year for Region One Sept. 10 at the Salina Country Club.

"I was a bundle of nerves that day, and I don't know why. Everything was done," Barnes said. "It was such a really nice day. My family and my whole teaching team got to come."

The luncheon concluded an almost 10-month application process. Barnes received notice in late 2004 that she had been nominated by an unidentified colleague for KTOY. In December, she was

selected as the secondary educator nominee for Geary County Unified School District 475.

She received the application for KTOY in January 2005 and said it took her months to complete the application.

"I think I wrote and rewrote this application more times than I did anything in college. Because you read it and the first time you're going 'Oh, my goodness, you big bragger,'" Barnes said. "But you realize that some of the stuff you do is really cool and that because of some of the things you do, the kids get a lot out of it."

Information required in the application included a biography of why she entered the teaching profession, issues she believes students are currently facing and her community involvement.

"That part didn't take very long to fill up," Barnes said.

Her community activities include 4-H Club leader, board member for the Junction City Little Theatre, membership with the National Science Teaching Association, Kansas National Educators Association

and the Kansas Association of Teachers of Science.

Barnes said a beneficial factor to her application were the recommendations she received from parents of former students and Fort Riley officials.

Lt. Col. Timothy Grammel's wife, Tammy, wrote, "This is one of those rare teachers who even in a school in a district with excellent staff and faculty stands out and shines brighter than the rest."

"The cool thing is that, it lets me know that other people think I'm doing a good job. That my colleagues believe in me enough to even put my name forward, and that's really neat," Barnes said.

FRMS is in its second year of participating in a Full Options Science Curriculum, she said.

"I think some of the things that make my teaching a little more interesting is that I love the curriculum. I use the curriculum to my advantage because it's almost totally hands-on," Barnes said.

See Barnes, Page 17

## Military Idol nears finals

Competition  
available live  
online Oct. 22

By Tim Hips  
Army News Service

ALEXANDRIA, Va. - Thirty-six Soldiers at Fort Gordon, Ga., find out Oct. 23 which one will become the first Military Idol.

Final competition began Oct. 17 and ends Oct. 22.

The Army Morale, Welfare and Recreation program is based on FOX Television's "American Idol."

To watch the finals and vote, visit <http://www.militaryidol.com>. You must have an AKO account and QuickTime viewer to view the semi-final and final performances.

If you do not have an account, or if you wish to set up a Guest Account.

Each finalist won a local contest on one of 36 Army installations around the world where competitions ranged from one night to eight weeks.

On Oct. 17, all competitors sang a cappella with the best 16 remaining in the competition. Only five finalists remained after Oct. 19.

The preliminary rounds will be contested at the Fort Gordon Performing Arts Center. The finals are scheduled for 2 p.m. EDT Oct. 22 at Alexander Hall.

Leann Tweeden, hostess of SPEED Channel's "NASCAR Nation" and a regular on FOX Sports Network's "The Best Damn Sports Show Period," will serve as master of ceremonies for the finals.

The Military Idol will receive \$1,000, with \$500 going to the runner-up and \$250 for the third-place performer.

## Marriage and Military Life

## Surviving on military pay possible with budget

By Gene-Thomas Gomulka  
Retired Navy chaplain

In July, I questioned the Government Accountability Office's report (GAO-05-798) that argued how the Department of Defense needs to do a better job in educating military personnel about just how well paid they are in comparison to their civilian counterparts.

Following the publication of that article in my column months ago, I recently received the following letter:

"Since my husband returned

from Iraq, we seem to be fighting all the time about money. I don't work because any money I would make would be offset by what we would have to pay for childcare for our daughter. My husband is an E-3 and we're hoping that the pay raise in the new year will make life easier.

"My husband got mad when I went to the Exchange and bought a birthday present for my daughter that he said we could have gotten much cheaper online. My parent's have offered to give or loan us some money that my husband refuses to accept...."

Gene-Thomas Gomulka is a retired Navy chaplain.

Have a question? Write Gene-Thomas at [letters@plaintec.net](mailto:letters@plaintec.net)



I share with you now my response with the belief that there are many other military couples who find themselves in similar circumstances.

Your husband, like most hus-

bands and fathers, wants to be able to support his family without relying upon outside help. By accepting money from your folks in the form of a gift or a loan may make your husband feel dependent upon

them. For him, it's a matter of pride.

I took your problem to the Navy and Marine Corps Relief Society that specializes in helping military families like your own with financial problems. I asked them to work up a realistic, very conservative, monthly budget based upon next year's projected base pay for E-3s. Unfortunately, it did not look very encouraging. These are the amounts that were calculated based upon a family of three with two cars:

See Marriage, Page 14



## Marriage continued from page 13



## Community news briefly

### Support Center activities listed

October is Domestic Violence Awareness Month. Call 239-9435 to see how you can prevent domestic violence.

**Oct. 22** – Pumpkin Patch Family Gathering with New Parent Support Group

**Oct. 26** – Noon to 3 p.m., Mid-week break for Spouse Activity Day

**Oct. 28** – 8:30 a.m. to noon, spouse orientation tour of Fort Riley and community

For more information, call the Soldier and Family Support Center at 239-9435.

### Clubs to share 'Hat' night

Enlisted Spouses' Club and Officers' and Civilians' Spouses' Club members are invited to the ESC's annual Crazy Hat Night at 6 p.m. Oct. 27 at Rally Point.

The \$10 fee includes a buffet and one door prize ticket. The buffet starts at 7 p.m.

Crazy Hats may be store-bought or hand-made. Prizes will be awarded for first, second and third places in both categories.

Limited child care will be available at the Armed Services YMCA. Call 784-4772 to reserve space for children by Oct. 24.

## AFAP continued from page 13

AFAP conference. She said some of the changes that have occurred as a result of the conferences include the new affordable spouse and dependents insurance programs and reduced college tuition expenses for military families living out of their home state.

Many programs have been implemented in the military community, she said. Those programs may not have come as a direct result of AFAP, but the whole process of looking critically at military life has allowed these programs to come into the community, and that has helped families throughout the Army to cope and survive some of the significant hurdles they have to cross, Willis said.

Members of the community group first recommended the development of and improved nutrition quality and education for Fort Riley's schools and dining facilities. They garnered cheers from the audience when they next recommended creation of a 24-hour dining facility centrally located on Custer Hill.

"The Soldiers who work in shifts have no place to go for food except for 24-hour shoppettes, and that places a financial strain on the Soldiers," said the group's spokeswoman, Staff Sgt. Staci Chase of 3rd Brigade, 75th Division (Training Support).

The inefficiency of sick call procedures around the troop consolidated medical clinic was the first area discussed by members of the consumer services group. Soldiers spend an inadequate amount of time waiting at sick call, the members said. They believed the extra time spent at sick call interferes with mission accomplishment and decreases

morale. More cheers emanated from the audience when the group then recommended formation of an activity center on Custer Hill complete with billiards, televisions and dartboards. They suggested the center be open after duty hours and on weekends.

"This facility would provide alternate activities to increase morale and unit cohesion. The main focus to expedite the construction of this facility is to keep a large number of Soldiers on Fort Riley. If you build it, they will come," said the group's spokesman, Spc. Corey Schiller of 2nd Battalion, 70th Armor.

Their third issue was the cost of Riley's Conference Center for Family Readiness Groups.

They said the center charges \$100 for FRGs that meet at the facility in the evenings. The facility is free of charge for FRGs who meet during the day, Schiller said. Work schedules and childcare make most groups unable to meet during the day, he said.

"Some groups are too large to meet elsewhere and are forced to use funds intended to benefit Soldiers and families," Schiller said. They recommended Riley's allowing the FRGs to meet free of charge in the evenings or the groups relocating their meetings to a different facility.

The forces support group first discussed the issue of basic allowance for housing for Fort Riley families. They said with the planned increase in Soldiers coming to Fort Riley, the cost of housing and utility bills will be increasing around the local area.

"BAH versus supply and demand. BAH needs to be raised, not for every place but especially for right here, since all these peo-



Participants in the 2005 AFAP conference cheer as door prizes are awarded to the winning ticket numbers Oct. 13 at Riley's Conference Center.  
Post/Perrin

ple are coming in," said Staff Sgt. Jeffrey Levesque of Medical Department Activity and a member of the forces support group.

The force support group also discussed the difficulties related to the military clause amendment related to deployments. They said Soldiers sometimes have difficulties understanding the wording used in the clause. They recommended clarifying the clause for Soldiers and landlords.

The group also felt Soldiers and families arriving at Fort Riley from overseas assignments should receive priority for on-post housing.

The base operations group said their major concern was the issue of Soldiers and family members on Fort Riley living in houses without adequate space for their family size. They said families are increasing in size and houses on Fort Riley need to adjust for the

growing families.

They recommended the Army and all branches of the military align their housing standards with the standards used in the Air Force and Marines.

Another concern was the need for a public transportation service on Fort Riley. They said the creation of a public transportation system would help decrease traffic incidents and DUIs.

Casey Elliott, an eighth-grader at Fort Riley Middle School discussed the three major concerns brought forward by the middle school students who attended the Youth Action Conference Oct. 1 at the Fort Riley Teen Center.

They suggested a public transportation service for military ID holders, a late bus schedule for middle school students involved in athletics and after school activities and the need for more doctors and specialists at Irwin Army

Community Hospital.

Ryan Hart and Richard Cavalier briefed the participants on the issues brought up by the high school students who attended the YAC.

Their primary concern was insufficient facilities for outdoor recreation. Their also expressed concern about the lack of support for art-related activities on Fort Riley and said that advertisements and announcements for teen activities on Post need improvement.

All of the issues discussed by the groups will be presented to the garrison commander's steering committee in December, Willis said.

The issues are then assigned to the appropriate agencies and directorates for further research or solutions. The agencies are required to provide an update of the issue every three months, she said.





## Community news briefly

### Club Beyond sets activities

**Oct. 27** – 3:30 p.m., True Love Waits. Addresses today's pressures concerning sexual relationships. Fort Riley Middle School, Room 402

**Sundays** – 9:15 to 10:15 a.m., Sunday School, Main Post Chapel

**Sundays** – 6 to 7:30 p.m., Club Beyond (grades 9-12), basement of St. Mary's Chapel

**Tuesdays** – Bible Lunch Tuesdays (BLT), grades 10-12. Free lunch and devotion. Pick up outside Junction City High School band room

**Wednesdays** – 6 to 7:30 p.m., Club Beyond JV (grades 6-8), Teen Center

For more information, call Jason Grogan at 210-6240 or e-mail Jason.Grogan@cox.net.

### Spouses plan Oktoberfest

The Fort Riley Officers' and Civilians' Spouses' Club will host an Oktoberfest celebration beginning at 6 p.m. Oct. 21 in Riley's Conference Center. This will be a couples event.

The menu will include bratwurst, sauerkraut and German chocolate cake.

Cost will be \$8.50 per person and pub glasses will be available for sale for \$11.50 each.

Anyone with a pub glass will get free refills all night long.

The charity of the month will be Hurricane Katrina relief through the American Red Cross.

### Trick or treat hours set

Approved Halloween trick or treat hours in post housing areas will be from 5 to 8 p.m. Oct. 31.

For more information, call Steven Tully, deputy director of the Directorate of Morale, Welfare and Recreation, at 239-2433.

### Cats featured at story times

"Cool Cats Read" is the theme for October story times at the Post Library.

Judith Schachner's "The Grannymen" will be featured Oct. 22.

It is the story of an elderly housecat who finds new life in caring for the tiny new kitten in his house.

Story times are held at 1:30 and 4 p.m. every Saturday. All children accompanied by an adult are welcome to listen.

The library is located in Building 5306, Hood Drive. Hours are 11 a.m. to 6 p.m.

Tuesday through Saturday, and noon to 5 p.m. on Sunday. The library is closed on Monday.

For more information, call Victoria Martin at 239-5305.

# Ware named Blue Ribbon School

By Kevin M. Smith  
The Daily Union

The U.S. Department of Education announced the end of September that Keith E. Ware Elementary School at Fort Riley is a No Child Left Behind Blue Ribbon School for 2005.

The No Child Left Behind Blue Ribbon Schools program recognizes schools that make significant progress in closing the achievement gap or whose students achieve at very high levels.

The achievement is measured by the Adequate Yearly Progress as determined by annual state assessments in reading, language arts and mathematics.

"We're totally thrilled," said Deb Gustafson, Ware Elementary School principal. "It is a nice validation of all our hard work."

Gustafson said the teachers and students work for achievement and are dedicated.

Ware Elementary School is one of four schools in Geary County Unified School District 475 named a Blue Ribbon School. Custer Hill Elementary School and Jefferson Elementary School at Fort Riley received the Blue Ribbon in 2003 and 2004, respectively. Sheridan Elementary School in Junction City received the Blue Ribbon in 2004.

"I think it is just an indicator to



Post/Perrin

Ware Elementary School second-grade students hold signs and posters Oct. 18 as they participate in their school's Blue Ribbon Parade. The students walked from Ware Elementary School around McClellan Heights and back to their school to celebrate being named a Blue Ribbon School by the U.S. Department of Education.

the taxpayers that our school district is doing the right things," Gustafson said.

The U.S. Department of Education recognized 295 Blue Ribbon schools in 2005. Seven of them were in Kansas.

The achievement gap is closing, and that is great news for every student," said Margaret Spellings, U.S. Secretary of Education. "These Blue Ribbon schools are an example of what teachers and students can achieve."

Editor's note: This story first appeared in the Oct. 4 issue of The Daily Union and is reprinted with permission of that paper's editor.

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# Hospital offers mammograms

By Jan Clark  
IACH PAO

Women's health issues, once dictated by their doctors, are being controlled more by women themselves. Reported trends show women have become more aware of their bodies and their health and become more proactive about their health.

Nowhere is that more noticeable than in regard to mammograms, an Irwin Army Community Hospital mammography specialist contends.

Advances in technology are overwhelming. There is now X-ray film made specifically for breast tissue and used for nothing else. Entire imaging systems are

designed solely for mammograms, with processors dedicated to optimize mammogram images," said mammographer Connie Wade.

"What many don't realize is that mammograms are the most regulated modality of all radiology examinations," Wade pointed out. They are monitored by the Federal Drug Administration and follow the standards of the Mammography Quality Standards Act.

An important point for women to remember: "Detecting change between exams is an important part of the radiologist's search for cancer. Since mammograms are not included as part of the medical records, it is extremely important for women to get their previous mammograms from outside radiol-

ogy departments so comparisons can be made," Wade emphasized.

After a mammogram is screened, many times a woman will be called back for additional imaging. This may be for special view mammograms or an ultrasound. This doesn't necessarily mean there are findings suggesting cancer. It is most frequently that more images are needed to draw a conclusion, Wade explained.

"Good compression, though uncomfortable, is of utmost importance. With good compression, we can see things as small as a grain of sand. If there is cancer, and it is found at that state, the prognosis is very good. That's why good compression is so very important," she said.

IACH performs an average of 150 mammograms monthly. Appointments are scheduled normally within 10 days. Results are sent to the patient's doctor and a letter to the patient explaining the results.

Wade reminds women that breast health care is more than just a mammogram. "It is just as important for a woman to do a monthly breast self-exam and have yearly breast exam by a medical professional. Beginning at age 40, women should have a screened mammogram once every 12 months. A physician must order the exam first, and then the patient can call the clinic directly at 239-7911 to schedule her appointment," she said.

## Women's Center opens

(From left) Sgt. 1st Class Annette Stewart, NCOIC of the new Mother and Baby Suite; Lt. Gen. Kevin C. Kiley, Army surgeon general; Maj. Mark Ochoa, chief, OB/GYN Services; Diane Hardy, wife of the 24th Infantry Division (Mech) and Fort Riley commanding general; Col. Marilyn H. Brooks, commander, IACH; and Ingrid Alers, cut a ribbon Oct. 13 to officially open the new Women's Center at the hospital. Alers is the wife of a Soldier serving in Iraq. She gave birth to her daughter at IACH.



The new center includes eight birthing suites, such as this one and a nursery. The suites will be used for women in labor, actual child delivery, recovery after delivery and post partum care.

IACH/Clark

## Barnes continued from page 13

She was a member in the selection committee designated to decide the new curriculum, and said she was pleased with the number of hands-on activities included with the FOSS system.

"They're (the students) engaged. That's the big thing. Engage them in science and get them interested in science," Barnes said.

Disciplinary procedures in her classroom are rare, she said, because of her hands-on teaching approach that allows the students to participate in activities rather than mostly writing down notes.

"If you get a kid engaged and they're working in your classroom and their hands are busy, you have very few disciplinary problems," she said. "I'm flexible

enough with all the kids. I'm concerned about the kids who are struggling. I'm concerned about the kids who are considered the 'average Joes' and I'm concerned about what happens with the kids that are in the extended learning program."

A benefit of being named a semi-finalist for KTOY was membership in the Kansas Exemplary Educators Network, Barnes said. The finalists are automatically enrolled in the organization for their first year and then have the opportunity to choose if they want to retain their membership.

"I've been told by everybody that (being a member of KEEN) is something to do. It's what teaching's all about. Everybody that I know that has gone to KEEN

meetings are just excited," Barnes said. "It's a big network of teachers from across the state. It's very exciting to be with people who are on the cutting edge of what's happening."

Barnes has been teaching at FRMS for the past 16 years and said she enjoys teaching students at the middle school age level.

"I have always really enjoyed the middle school. The middle school kids seem to be my niche," she said.

Receiving the nomination and being named to represent USD 475 were a few highlights of receiving the semi-finalist title, Barnes said.

"I'm just tickled that I was able to represent our school district, because this school district is

wonderful; and anytime our district is seen in a positive light, I'm very excited," she said. "Everything that happens (in USD 475) is to make sure these children have the best education we can possibly give them."

Staying current with new teaching curriculums and issues facing students, Barnes said is a major part in her teaching abilities.

"I could easily be doing the same old things that I did when I began teaching 24 years ago. It could be easy to fall into a rut, but I've never been one of those people. I've always been one that, if there is something new out there, I want to know about it; and then I want to engage it with my kids," she said.

KANSAS PRESS ASSOCIATION  
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## Community news briefly

### Teen Center activities set

**Oct. 22** – Community service project, winter coat drive, 2 to 6 p.m.

**Oct. 22** – 9 to 11:30 p.m., high school dance

**Oct. 28** – 8 to 10 p.m., fall festival costume party

### 'Rangers' plan paintball outing

Fort Riley's Spiritual Rangers, a youth organization sponsored by the post chaplaincy, will meet at St. Mary's Chapel at 12:30 p.m. Oct. 22 for a paintball outing. Other youth are invited.

Cost will be \$20 (\$10 for those who completed the Sept. 24 5-mile run). Cost includes paint marker, facemask and 200 rounds of paintballs.

Rangers must have a signed parental release and should bring drinks, a Bible and some extra money.

For more information about the event and about the Spiritual Rangers, call 239-0979 or 238-4436.

### Crafts center activities listed

**Oct. 24** – 7 p.m., crochet, knitting and cross stitch class

**Oct. 25** – 6 to 9 p.m., matting and framing class

Open hours for using the Arts and Crafts Center's wood shop,

ceramics studio, matting and framing studio, computer lab, photography lab and doing stained glass, sewing, quilting, basket weaving and leatherwork are:

Monday and Tuesday from 1 to 8:30 p.m.

Wednesday from 9 a.m. to 4:30 p.m.

Saturday and Sunday from 9 a.m. to 4:30 p.m.

Classes are available in the evenings and on weekends in all program areas. A schedule of upcoming classes is available at the center and in the Morale, Welfare and Recreation Guide.

For more information, call the Arts and Crafts Center at 239-9205.

### Center offers orientations

The Soldier and Family Support Center on Custer Hill will conduct a newcomer orientation from 8:30 a.m. to noon Oct. 28.

Permanent change of station briefings will be conducted from 1:30 to 3 p.m. Oct. 26 for state-side assignments.

For more information, call the center at 239-9435.

### Post bike patrol to host 'rodeo'

The Fort Riley Military Police Bike Patrol will sponsor a bike rodeo from 10:30 a.m. to 1:30 p.m. Oct. 22 at Ware Elementary School.

Participants will have to ride

through a cone obstacle course.

The patrol members also will inspect bikes and make adjustments to fit bikes to riders and will check helmets.

Bike registration will also be available.

All participants must bring helmets and working bikes and wear closed-toe shoes.

For more information, call 239-2226.

### Waiting spouses schedule event

The Waiting Spouses' Group has teamed with the Spouses of Deployed Soldiers Group to provide a spouse activity day every fourth Monday (Oct. 24) of the month.

Activities are scheduled from noon to 3 p.m. at the Soldier and Family Support Center, Building 7264.

The Waiting Spouses' Group is designed to support spouses whose Soldiers are serving an unaccompanied tour.

Separations for these spouses may be stressful because they and their families are left behind without the support network and regular contact that a unit of Family Readiness Group would otherwise provide.

For more information about joining the group or participating in its activities, call Lisa Mathews at 239-9435 or send her e-mail at [lisa.m.mathews@riley.army.mil](mailto:lisa.m.mathews@riley.army.mil).

Classification: unclassified  
3 x 21.25"  
Black Only

GEARY COMMUNITY HOSPITAL  
3 x 5.5"  
Black Only  
3x5.5 Pregnant Military Dep.

MD MARKETING - ADBUILDERS  
3 x 7"  
Black Only  
3x7 MD/Mosier 10/23 8784 ml







# Travel & Fun in Kansas

Page 20

America's Warfighting Center

Friday, October 21, 2005

## Leisuretime ideas

### At the movies:

Doors open at 6:30 p.m. Tickets cost \$3.50 for adults and \$1.75 for children 11 and under. Children under the age of 5 are free except during children's matinees or expected sell-outs.

**Oct. 21** – The Transporter 2 (PG-13)

**Oct. 22** – The Man (PG-13)

**Oct. 23** – The Transporter 2 (PG-13)

**Oct. 27** – The Man (PG-13)

**Oct. 28** – Cry Wolf (PG-13)

**Oct. 29** – Just Like Heaven (PG-13)

**Oct. 30** – Roll Bounce (PG-13)

For more information, call 784-2226 or 784-2640.

### Abilene:

**What:** Haunted Halloween at the Lebold Mansion. Experience a fun old-fashioned Halloween in the old haunted mansion.

**When:** 10 a.m. to 4 p.m. and 7 to 9 p.m., Friday-Monday only, Oct. 21-31.

**Where:** 106 N. Vine, Lebold Mansion

**Phone:** (785) 263-4356

**Web site:** www.lebold-mansion.com

**Admission:** \$10

### Bucklin:

**What:** Gaedert Farm Corn Maze and Pumpkin Patch. Test your sense of direction in the 4.5 acre corn maze and choose your pumpkin at the pumpkin patch.

**When:** 6 to 10 p.m. Friday, 10 to 10 p.m. Saturday and Sunday, through Nov. 6

**Where:** 1320 E. 82nd

**Phone:** (620) 543-3073 or (800) 638-2702

**Admission:** Varies

### Lawrence:

**What:** Beijing Modern Dance in Rear Light. Innovative modern dance works that reflect the Chinese struggle to reconcile its traditional culture with influences from abroad and a thirst for freedom. The company will present "Rear Light," a bold new fusion of tradition and modernism performed to a recording of "The Wall" by rock group Pink Floyd.

**When:** 7:30 p.m. Oct. 21

**Where:** 1600 Stewart, Lied Center

**Phone:** (785) 864-2787

**Web site:** www.lied.ku.edu

**Admission:** Varies by seating choice

...  
**What:** Czech Opera Prague in "Die Fledermaus." "Die Fledermaus," translated as "The Bat," is the hilarious story of one man's revenge against another who played a practical joke on him. The resulting comic deception and intrigue in the glamorous setting of a prince's villa forms the background for some of the most beautiful and challenging music in opera. Composed by the waltz king, Johann Strauss, "Die Fledermaus" will be performed in German with English supertitles.

**When:** 7:30 p.m. Oct. 22

**Where:** 1600 Stewart, Lied Center

**Phone:** (785) 864-2787

**Web site:** www.lied.ku.edu

**Admission:** Varies by seating choice

...  
**What:** Merce Cunningham Dance Company. Legendary choreographer innovative and distinctive style is known for expanding audiences' expectations about dance. Split Sides is the company's newest work. The décor is the work of 19-year-old camera obscura photographer and Kansas City native Robert Heishman.

**When:** 2 p.m. Oct. 25

**Where:** 1600 Stewart, Lied Center

**Phone:** (785) 864-2787

**Web site:** www.lied.ku.edu  
**Admission:** Varies by seating choice

### Leavenworth:

**What:** Antique show and sale

**When:** 9 a.m. to 5 p.m. Oct. 22 and 11 a.m. to 4 p.m. Oct. 23

**Where:** 123 S. Esplanade

**Phone:** (913) 651-5273

**Web site:** www.steviesantiques.com

**Admission:** \$3 good for both days

### Shawnee:

**What:** Holiday Treasures Craft Festival. Arts and crafts from local and national vendors for the holiday season.

**When:** 9:30 a.m. to 4:30 p.m. Oct. 22

**Where:** 13817 Johnson Drive, Shawnee Civic Center

**Phone:** (913) 631-5200

**Web site:** www.cityof-shawnee.org

**Admission:** Free

### Beloit:

**What:** Solomon Valley Arts and Crafts Show. Eighty booths of crafts from area artists and crafters.

**When:** 10 a.m. to 4 p.m. Oct. 22

**Where:** 119 N. Hersey, Beloit Municipal Building

**Phone:** (785) 738-5488

**Admission:** \$1

### Burns:

**What:** Fall Festival of Pumpkins. Great activities and entertainment every weekend. Flashlight maze Friday through Saturday only.

**When:** Daily from 10 a.m. to 7 p.m., Sunday from 1 to 7 p.m., flashlight maze from 7 to 9 p.m. Fridays and Saturdays, through Oct. 31.

**Where:** 10001 NW U.S. Highway 77

**Phone:** (316) 320-4150

**Web site:** www.walter-spumpkinpatch.com

**Admission:** \$4 per person for all day. (Some activities are additional charges)

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